

LEARN AND SHARE YOUR KNOWLEDGE

COME JOIN OUR NEW
**COMMUNITY
WELLNESS CIRCLE**

for American Indian/Alaskan Native (AI/AN) Patients

Every Thursday, Starting October 13, 2022, 10:00am–12:00pm
Legacy Court, 1950 Parallel Drive Lakeport, CA 95453

SUGGESTED ACTIVITIES/DISCUSSIONS

Beading

Positive Indian Parenting Discussion

Motherhood is Sacred Discussion

Healthy Relationships

Skirt Making

*Participant activity suggestions are welcome.
Supplies for activities will be provided.*

TO REGISTER:

<https://www.surveymonkey.com/r/XXYT85J>

For more information, please contact:

Virginia Tapia (707) 263-8382 ext.1616 or Elvina Bill (707) 263-8382 ext.1317

Space is limited



Lake County Tribal Health

707-263-8382
1-800-750-7181

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